








Allergy Risk RA 082










Risk Assessment:	082 Allergy Risk
Assessors Name:	Gabriela Balint
Signature:	<i>Balint</i>
Date:	January 2022
Review:	January 2023

Site	Department		Work Area /Location			
Date	Assessed by					
Allergy Exposure	Allergy	Present	Likely exposure	Form	Routes of entry into body	Comment(s)
	Celery 	Yes No	High Mid Low	Gas Liquid Dust Solid	Ingest Inhale Skin Inject	
	Cereals containing gluten 	Yes No	High Mid Low	Gas Liquid Dust Solid	Ingest Inhale Skin Inject	
	Crustaceans 	Yes No	High Mid Low	Gas Liquid Dust Solid	Ingest Inhale Skin Inject	
	Egg 	Yes No	High Mid Low	Gas Liquid Dust Solid	Ingest Inhale Skin Inject	
	Fish 	Yes No	High Mid Low	Gas Liquid Dust Solid	Ingest Inhale Skin Inject	
	Lupin 	Yes No	High Mid Low	Gas Liquid Dust Solid	Ingest Inhale Skin Inject	
	Milk 	Yes No	High Mid Low	Gas Liquid Dust Solid	Ingest Inhale Skin Inject	

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	Molluscs		Yes	No	High	Mid	Low	Gas	Liquid	Dust	Solid	Ingest	Inhale	Skin	Inject	
	Mustard		Yes	No	High	Mid	Low	Gas	Liquid	Dust	Solid	Ingest	Inhale	Skin	Inject	
	Nuts		Yes	No	High	Mid	Low	Gas	Liquid	Dust	Solid	Ingest	Inhale	Skin	Inject	
	Peanuts		Yes	No	High	Mid	Low	Gas	Liquid	Dust	Solid	Ingest	Inhale	Skin	Inject	
	Sesame seed		Yes	No	High	Mid	Low	Gas	Liquid	Dust	Solid	Ingest	Inhale	Skin	Inject	
	Soya		Yes	No	High	Mid	Low	Gas	Liquid	Dust	Solid	Ingest	Inhale	Skin	Inject	
	Sulphites		Yes	No	High	Mid	Low	Gas	Liquid	Dust	Solid	Ingest	Inhale	Skin	Inject	

Allergy	Form	Mild symptoms	Moderate symptoms
Celery Allergy	Celery is used in food in various forms including: Celery sticks, Celery leaves, Celery spice, Celery seeds, which can be used to make celery salt	Tingling or itchy mouth or throat, but can also include nettle rash (otherwise known as hives or urticaria) anywhere on the body.	Swelling in the face, throat and/or mouth, Difficulty breathing, Severe asthma, Abdominal pain, nausea and vomiting
Cereals containing gluten	namely: wheat (such as spelt and khorasan wheat), rye, barley, oats or their hybridised strains, and products thereof.	<ul style="list-style-type: none"> Itching Nettle rash (also known as hives or urticaria) Tingling or itchy mouth, runny nose Swelling of the lips or face (angioedema) Abdominal pain. 	Severe symptoms include: • Swelling of the tongue or throat • Difficulty breathing and/or swallowing, cough, shortness breath • Voice becomes hoarse, husky • Severe symptoms of the digestive tract – such as severe abdominal pain and profuse vomiting
Crustaceans	These include crabs, lobsters, prawns, crabs and scampi.	These may include nettle rash (otherwise known as hives or urticaria) anywhere on the body, or a tingling or itchy feeling in the mouth.	Swelling in the face, throat and/or mouth, Difficulty breathing, Severe asthma, Abdominal pain, nausea and vomiting
Eggs	These are often found in cakes, some meat products, mayonnaise, mousses, pasta, quiche and food brushed with egg.	Mild symptoms include nettle rash (otherwise known as hives or urticaria) or a tingling or itchy feeling in the mouth.	Swelling in the face, throat and/or mouth, Difficulty breathing, Severe asthma, Abdominal pain, nausea and vomiting
Fish	Often found in fish sauces, pizzas, relishes, salad dressings and stock cubes.	These may include nettle rash (otherwise known as hives or urticaria) anywhere on the body, or a tingling or itchy feeling in the mouth.	Swelling in the face, throat and/or mouth, Difficulty breathing, Severe asthma, Abdominal pain, nausea and vomiting
Lupin	This includes lupin seeds and flour and can be found in some types of bread, pastries and pasta.	Mild symptoms may include nettle rash (otherwise known as hives or urticaria) anywhere on the body, or a tingling or itchy feeling in the mouth.	Swelling in the face, throat and/or mouth, Difficulty breathing, Severe asthma, Abdominal pain, nausea and vomiting
Milk	This is found in butter, cheese, cream, milk powders, yoghurt and foods glazed with milk.	Widespread flushing of the skin • Nettle rash (otherwise known as hives or urticaria) • Swelling of the skin (known as angioedema) anywhere on the body. • Swelling of the lips • Abdominal pain, nausea and vomiting	Swollen tongue • Hoarse voice • Difficulty swallowing • Difficult or noisy breathing, wheeze, persistent cough • Faintness, drowsiness, dizziness

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Molluscs	These include mussels, land snails, squid and whelks. They are often found in oyster sauce or as an ingredient in fish stews. Molluscs are soft bodied invertebrates, with some having a shell.	Mild symptoms include nettle rash (otherwise known as hives or urticaria) or a tingling or itchy feeling in the mouth.	Swelling in the face, throat and/or mouth, Difficulty breathing, Severe asthma, Abdominal pain, nausea and vomiting
Mustard	This includes mustard powder, liquid mustard and mustard seeds. It is often found in breads, curries, marinades, meat products, salad dressing, sauces and soups.	Mild symptoms include nettle rash (otherwise known as hives or urticaria) or a tingling or itchy feeling in the mouth.	Swelling in the face, throat and/or mouth, Difficulty breathing, Severe asthma, Abdominal pain, nausea and vomiting
Nuts	These include almonds, hazelnuts, walnuts, cashews, pecan nuts, Brazil nuts, pistachio nuts, macadamia or Queensland nuts. They can be found in breads, biscuits, crackers, desserts, ice cream, marzipan, nut oils and sauces. Ground, crushed or flaked almonds are often used in Asian cooking.	These may include nettle rash (otherwise known as hives or urticaria) anywhere on the body, or a tingling or itchy feeling in the mouth.	Swelling in the throat and/or mouth • Difficulty breathing • Severe asthma • Colicky abdominal pain
Peanuts	These can be found in biscuits, cakes, curries, desserts and sauces. They are also in groundnut oil and peanut flour.	These may include nettle rash (otherwise known as hives or urticaria) anywhere on the body, or a tingling or itchy feeling in the mouth.	Swelling in the throat and/or mouth • Difficulty breathing • Severe asthma • Colicky abdominal pain
Sesame seeds	These can be found in bread, bread sticks, as a garnish, in hummus, sesame oil and tahini (sesame paste).	Mild symptoms may include nettle rash anywhere on the body (otherwise known as hives or urticaria), or a tingling or itchy feeling in the mouth.	More serious symptoms (anaphylaxis) are uncommon but remain a possibility for some people. Swelling in the face, throat and/or mouth • Difficulty breathing • Severe asthma
Sulphur dioxide	Sulphites are preservatives, used in dried fruit, meat products and vegetables as well as in wine and beer.	Mild symptoms may include nettle rash anywhere on the body (otherwise known as hives or urticaria), or a tingling or itchy feeling in the mouth.	Swelling in the face, throat and/or mouth, Difficulty breathing, Severe asthma, Abdominal pain, nausea and vomiting
Soya	This can be found in bean curd, edamame seeds, miso paste, soya protein, soya flour, tofu and a very wide range of processed foods. It is often used in some desserts, ice cream, meat products, sauces and in vegetarian products.	These may include nettle rash (otherwise known as hives or urticaria) anywhere on the body, or a tingling or itchy feeling in the mouth.	Swelling in the face, throat and/or mouth, Difficulty breathing, Severe asthma, Abdominal pain, nausea and vomiting

Personal Allergy Risk Assessment

Employees Name		Job Title		Date	
Assessor				Department	

Allergic to the following:							
Likely exposure to the allergen		High		Medium		Low	
Severity of allergy: (please tick)		Mild		Moderate			
Potential know symptoms (Please tick):							
Swollen lips, face or eyes		Itchy / tingling mouth		Hives or itchy skin rash			
Abdominal pain or vomiting		Sudden change in behaviour		Anaphylaxis			
Do you carry any of the following Adrenaline Auto Injectors:							
Jext		Yes	No	EpiPen		Yes	No
Emerade				Yes	No		
Emergency Contact details:							
Next of kin:				Contact number:			

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Controls	Action		Detail
Eliminate the risk (completely remove the product or person).	YES	NO	
Reduce time exposure (job rotation or deployed to another area).	YES	NO	
Segregation or shielding from the hazard.	YES	NO	
Training and information (specific instructions to protect the person with allergy. (Emergency plan).	YES	NO	
Personnel protective equipment	YES	NO	
Actions taken:			
CONFIDENTIALITY: Please confirm if you willing to allow the information within this risk assessment to be shared with other members of the organisation (First Aiders/Line Manager).			Yes No
Employees Signature	Assessors signature		
Personnel the document has been shared with:			
Name	Position	Signature	

Personal risk assessment controls statement.

Employees Name:		Job Title:	
Assessors name:		Department:	
Allergy:		Date:	
Key controls for the individual			
<ul style="list-style-type: none"> • Reduce the amount of time the individual spends at the head office location. • Attendance at office location to be communicated to all personnel, advise on securing / storage of potential allergenic reactionary products. • All personnel made aware of the potential allergic reaction and include a briefing for first aiders on actions to be taken in the event of an incident occurring i.e., location of "epi-pen". • Potential for use of PPE if required i.e., nitrile gloves to reduce the potential for cross contamination. • Individual maintains responsible for their own safety. 			

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DECLARATION OF A KNOWN ALLERGY

This declaration is to be completed for persons who have a known allergy or conditions for which assistance may be required. This includes employees, agency employees and visitors. Any information you provide will be treated in the strictest confidence and will not be disclosed to any individual or organisation not involved with your retreat.

SITE/WORKPLACE
NAME OF PERSON (print)

Do you have a known allergy which may impact task or is potentially life-threatening?

YES NO

If yes, please tick you are allergic to any of the following Allergens:

	<u>Yes</u>		<u>Yes</u>
Celery	<input type="checkbox"/>	Cereals	<input type="checkbox"/>
Crustaceans	<input type="checkbox"/>	Eggs	<input type="checkbox"/>
Fish	<input type="checkbox"/>	Lupin	<input type="checkbox"/>
Milk	<input type="checkbox"/>	Molluscs	<input type="checkbox"/>
Mustard	<input type="checkbox"/>	Nuts	<input type="checkbox"/>
Peanuts	<input type="checkbox"/>	Sesame seeds	<input type="checkbox"/>
Soya	<input type="checkbox"/>	Sulphur dioxide (sometimes known as sulphites)	<input type="checkbox"/>

CONFIRMED ALLERGENS (e.g. Peanuts, sesame seeds, eggs...)	SYMPTOMS(describe and specify SEVERE or MILD)	REQUIRED MEDICAL RESPONSE

MEDICATIONS	BRAND AND DOSE	PLEASE SPECIFY Normally self-administered or assistance requested

I give permission for this information to be confided to associates where consistent with the nature of my task and activities.

Signature	Date